

# Nebraska Regional Programs' Parent Workshop

## For Parents of Children who are Deaf or Hard of Hearing



Presented By:

### Mark Keith

Mark Keith is the Research and Training Specialist for two of Florida's statewide projects, Outreach Services for the Blind and the Deaf (OSBD) and for the Resource Materials Technology Center for the Deaf/Hard of Hearing (RMTCC). Mark provides training, consultation, information and referral, and other support services for parents and school districts across Florida. He has been providing these services for about 13 years now since his family moved to Florida to enroll their son at the Florida School for the Deaf and the Blind. Prior to the move to Florida, Mark worked in a variety of positions for the Virginia Department of Rehabilitative Services, the Virginia Department of Mental Health, Mental Retardation, and Substance Abuse Services, and SunTrust Bank.

Mark is the father of a young man who is deaf and has cerebral palsy. Mark is also the author of No Dad, It Does Not Involve a Hippopotamus, a book of articles and short stories about being the father of a child with special needs and the issues and topics he and his family have dealt with over the years.

## Details

- Date:** Saturday, January 9, 2016
- Time:** 9:00 am - 2:00 pm
- Location:** Gretna United Methodist Church  
(11457 South 204th St; Gretna, NE 68028)
- Cost:** Free! Lunch will be provided.
- Presenter:** Mark Keith
- Topics:**
- "Man Laws for Moms: Understanding Dads"*  
This workshop explores reasons why dads do the things that they do related to family involvement. The session looks at why dads sometimes seem to disengage from emotional or stressful family situations. Then the session will look at strategies that can be used to help encourage dad to be more involved with a child with special needs and the additional responsibilities that often surround raising the child.
  - "Letting Go: Time to Land the Helicopter"*  
The Letting Go workshop examines the importance of encouraging independence in a child with special needs and parents' perspectives on this issue. The workshop also discusses how hard it can be for parents to step back and offer increasing levels of freedom to the child to allow the child to develop that independence. Finally, the training offers some ideas for parents in learning how to let go in a constructive fashion.
- Registration:** Pre-registration is required by December 15th
- Questions?** Contact your regional coordinator (see registration)

This workshop is sponsored and funded by the Nebraska Department of Education - Special Populations and supported through the Nebraska Regional Programs for Students who are Deaf or Hard of Hearing



# Nebraska Regional Programs' Parent Workshop January 9, 2016; Gretna

Presented by Mark Keith  
"Man Laws for Moms" and "Letting Go"

**PRE-REGISTRATION IS REQUIRED BY DECEMBER 15, 2015**

1st Adult Name \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Relationship to Child with Hearing Loss \_\_\_\_\_ School District \_\_\_\_\_  
Dietary Restrictions \_\_\_\_\_  
Communication Mode     Oral             Sign             Spanish             Other \_\_\_\_\_  
Interpreter Needed?     Yes             No

2nd Adult Name \_\_\_\_\_  
Phone \_\_\_\_\_ Email \_\_\_\_\_  
Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Relationship to Child with Hearing Loss \_\_\_\_\_ School District \_\_\_\_\_  
Dietary Restrictions \_\_\_\_\_  
Communication Mode     Oral             Sign             Spanish             Other \_\_\_\_\_  
Interpreter Needed?     Yes             No

**\*Please note, this workshop is designed for adult participants only. Childcare will not be provided.**

**Please return your registration form to your regional coordinator**

#### Central/Western Partnership

Attn: Sue Czaplewski  
ESU 9  
1117 East South Street  
Hastings, NE 68901  
Phone: 402.463.5611      Fax: 402.463.9555  
Email: sue.czaplewski@esu9.us

#### Northeast Regional Program

Attn: Jill Hoffart  
Norfolk Public Schools  
512 Philip Ave  
Norfolk, NE 68701  
Phone: 402.644.2507      Fax: 402.644.2506  
Email: jillhoffart@npsne.org

#### Southeast Regional Program

Attn: Jill Bird  
Maxey Elementary School  
5200 South 75th Street  
Lincoln, NE 68516  
Phone: 402.436.1896      Fax: 402.436.1864  
Email: jbird@lps.org

#### Metro Regional Program

Attn: Diane Meyer  
Karen Western Elementary  
6224 H Street  
Omaha, NE 68117  
Phone: 402.339.2090      Fax: 402.731.0952  
Email: Diane\_Meyer@ralstonschools.org

**Do not click "submit form" button above - instead save form and email it to your coordinator as an attachment**